RHMA
RICHMOND HILL
MARTIAL ARTS

EQUIPMENT POLICY

All equipment must be purchased through the approved vendors listed on our website for uniformity and safety purposes. We do not allow any other equipment in class as it may not conform to safety standards and would not be allowed to be used in class. Please ensure you are using the size chart posted on the supplier websites when ordering to ensure you are ordering proper fitting equipment. If you have questions on ordering, please reach out to the suppliers for assistance.

Students (and their parents where appropriate) should regularly review all gear to ensure that it is in good condition and fits properly. Students who are missing gear or whose gear is not in good condition will not be allowed to spar. Repeated failure to participate in sparring may delay or prohibit a student from being allowed to test.

All students Camo-Black belts and students above the beginner level classes must have a mouthpiece and wear it anytime full gear is worn. Any students without a mouthpiece will not be allowed to spar. A face shield is not an acceptable substitute for a mouthpiece as it helps protect both the teeth and tongue from potential injury.

IMPORTANT! Make sure your gear and weapons go in your bag. Students who misplace their equipment either inside or outside the school must purchase replacements. Please ensure that your name or initials is written on all pieces of gear and on weapons in an inconspicuous place so if we find gear at the school, we will know who to return it to. We recommend using a silver sharpie to write on the black gear and weapons.

Adult Beginners* (Typically White/Orange/Yellow Belts)

Kize Sparring Punches
Kize Sparring Kicks
Foam Ball-Bearing Nunchucku
Combat Sword

All Intermediate Level Students (Typically Camo/Green/Purple Belts)

Kize Sparring Punches
Kize Sparring Kicks
Student Sparring Headgear
Front Open Chest Guard
Single Mouthguard*
Athletic Cup/Supporter (for male students)
Foam Ball-Bearing Nunchucku
Combat Sword

All Advanced Level Students (Typically Blue/Brown/Red Belts)

Kize Sparring Punches
Kize Sparring Kicks
Student Sparring Headgear
Front Open Chest Guard
Evolution Face shield
Single Mouthguard*
Athletic Cup/Supporter (for male students)
Foam Ball-Bearing Nunchucku
Combat Sword

All Black Belts

Kize Sparring Punches
Kize Sparring Kicks
Student Sparring Headgear
Front Open Chest Guard
Evolution Face shield
Single Mouthguard*
Athletic Cup/Supporter (for male students)
2 Foam Ball-Bearing Nunchuckus
2 Combat Swords

Highlighted lines indicate new equipment that must be purchased at each level. Please ensure periodically all gear and weapons are in good condition as worn or broken equipment will not be allowed to be used in class for safety reasons.

* For mouthpieces only, students may elect to purchase another mouthpiece that covers both the top and bottom teeth. It is recommended to speak with the student's oral care specialist to determine the proper mouthguard that will offer them the best protection.